

Reception				
Term	Topic These statements have been split for extra focus, but all will apply on an ongoing basis throughout the reception year	Early Learning Goal being worked towards	Vocabulary These words are an example of some of the language used but not limited to.	Books To be updated as the year progresses. Working document.
Autumn	See themselves as a valuable individual. Introduce the Zones of Regulation. Identify and express their feelings and begin to regulate behaviour accordingly. Give focused attention to follow instructions. Know the class rules and school values. Know right and wrong. Form positive attachments and take turns and share resources with others.	• Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. • Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs.	Safe, unsafe, feelings, happy, sad, kind, angry, worried, unkind, family, trusted adult, rule, community, online, soap, wash, clean, tooth paste, tooth brush, exercise, germs, respect, screen time	
Spring	Develop respectful relationships, looking after each other and our classroom, showing kindness. Understanding feelings and behaviour and show sensitivity to others' needs. Understanding consequences and making the right choices. Manage basic hygiene and personal needs.			
Summer	Work and play co-operatively, resolving conflicts independently. Be confident and independent. Set and work towards simple goals. Show independence, resilience and perseverance in the face of challenge. Understand the importance of their wellbeing.			

Year 1 Family and Relationships				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Family and Relationships	Setting ground rules L1 What is family? L2 What are friendships? L5 Friendship problems L6 Healthy friendships L7 Gender stereotypes	Exploring how families are different to each other Exploring how friendship problems can be overcome. Exploring friendly behaviours.	To understand that families look after us. To know some words to describe how people are related (eg. aunty, cousin). To know that some information about me and my family is personal. To understand some characteristics of a positive friendship. To understand that friendships can have problems but that these can be overcome. To know that it is called stereotyping when people think of things as being 'for boys' or 'for girls' only.	Learn, rule, safe, unhappy, unsafe, brother, care, considerate, cousin, family, grandparent, parent, relation, respect, sister, friend, fun, communication, falling out, solution, talk, problem, generous, helpful, kind, listen, relationship, share, trust, truth, friendly, welcome, included, boy, girl, stereotype, favourite

Year 1 Health and wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Health and wellbeing	L1 Understanding my emotions L3 Ready for bed L5 Handwashing & personal hygiene L6 Sun safety L7 Allergies	Learning how to wash hands properly. Learning how to deal with an allergic reaction. Exploring positive sleep habits. Identifying different ways to manage feelings	To understand we can limit the spread of germs by having good hand hygiene. To know the five S's for sun safety: slip, slop, slap, shade, sunglasses. To know that certain foods and other things can cause allergic reactions in some people. To know that sleep helps my body to repair itself, to grow and restores my energy. To know that strengths are things we are good at. To know that qualities describe what we are like. To know the words to describe some positive and negative emotions	Action, feelings, emotions, strategy, sleep, routine, rest, relaxation, dirt, soap, hands, water, germs, wash, scrub, clean, sun, safe, burn, slip, slop, slap, hat, sunscreen, sunglasses, allergy, allergen, food allergy, allergic reaction

Year 1 Safety and the Changing body				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Safety and the changing body	L1 Adults in school L2 Adults outside school L4 Making an emergency phone call L5 Appropriate contact L6 Safety with substances	Learning what is and is not safe to put in or on our bodies. Practising making an emergency phone call.	To know that some types of physical contact are never appropriate. To know that some things are unsafe to put onto or into my body and to ask an adult if I am not sure. To know that an emergency is a situation where someone is badly hurt, very ill or a serious accident has happened. To know that the emergency services are the police, fire service and the ambulance service.	Adult, polite, job, visitor, manners, stranger, worry, hurt, police, fire, ambulance, emergency, 999, physical, contact, like, dislike, kind, unkind, stop, permission, acceptable, unacceptable, danger, ill, damage, medicine

Year 1 Citizenship				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Citizenship	L1 Rules L4 Similar, yet different	Recognising why rules are necessary. Exploring the differences between people.	To know the rules in school. To understand that people are all different.	Rule, different, same, unique

Year 1 Economic Wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Economic Wellbeing	L1 What is money? L4 Saving and spending	Exploring how money is used by people. Exploring choices people make about money.	To know that people use money to buy things, including things they need and things they want. To know that coins and notes are types of money and have different values. To know that notes are higher in value than coins.	Buy, cash, coin, goods, highest, lowest, money, note, pay, penny, pound, sell, services, steal, choice, expensive, influence, save, spend, value

Year 2 Family and relationships				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Family and relationships	Ground Rules L2 Families are all different L4 Unhappy friendships L5 Introduction to manners and courtesy L6 Change and loss L7 Gender stereotypes: Careers and jobs	Understanding ways to show respect for different families. Understanding difficulties in friendships and discussing action that can be taken. Exploring the conventions of manners in different situations. Exploring how loss and change can affect us.	To know that families can be made up of different people. To know that families may be different to my family. To know that families can be made up of different people. To know that families may be different to my family. To understand what good manners are. To understand some stereotypes related to jobs. To know that there are ways we can remember people or events.	Care, different, family, love, same, similar, behaviour, manners, please, thank you, taking turns, table manners, quiet, respect, change, happy, sad, death, remember, upset, appearance, career, female, gender, job, judge, male, stereotype

Year 2 Health and wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Health and wellbeing	L1 Experiencing different emotions L5 Developing a growth mindset L6 Healthy diet L7 Looking after our teeth	Exploring the effect that food and drink can have on my teeth. Exploring some of the benefits of a healthy balanced diet. Suggesting how to improve an unbalanced meal. Exploring strategies to manage different emotions. Developing empathy. Exploring the need for perseverance and developing a growth mindset.	To know that food and drinks with lots of sugar are bad for my teeth. To understand the balance of foods we need to keep healthy. To know that we can feel more than one emotion at a time. To know that a growth mindset means being positive about challenges and finding ways to overcome them.	Feeling, emotion, different, communicate, frustrated, self-awareness, try, fail, frustrating, challenge, growth mindset, immune system, healthy diet, balanced meal, portion, nutrients, weight, tooth decay, healthy, brush

Year 2 Safety and the changing body				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Safety and the changing body	L2 Communicating online L3 Secrets and surprises L4 Appropriate contact: My private parts L5 Appropriate contact: My private parts are private L9 Staying safe with medicine	Discussing the concept of privacy. Exploring ways to stay safe online. Exploring what people can do to feel better when they are ill. Learning how to be safe around medicines.	To know the PANTS rule. To know that I should tell an adult if I see something which makes me uncomfortable online. To understand the difference between secrets and surprises. To know that medicine can help us when we are ill. To understand that we should only take medicines when a trusted adult says we can. To know the names of parts of my body including private parts.	Internet, online, danger, safe, kind, unkind, bullying, excited, good, happy, surprise, secret, unhappy, worried, penis, vulva, arm, leg, hand, wrist, neck, head, knee, foot, ankle, elbow, private parts, report, surprise, safe touch, PANTS rule, testicles, secret, temperature, sneeze, doctor, nurse, pharmacist, prescription, medicine, drug

Year 2 Citizenship				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Citizenship	L1 Rules beyond school L5 Similar yet different- my local community L7 Giving my opinion	Explaining why rules are in place. Learning how to discuss issues of concern to me.	To know some of the different places where rules apply. To know that some rules are made to be followed by everyone and are known as 'laws'. To understand that everyone has similarities and differences.	Rule, reason, different, identity, same, similar, different, community, opinion, idea, improve, school council, respect, agree, disagree

Year 2 Economic wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Economic wellbeing	L2 Exploring needs L3 Exploring wants	Identifying whether something is a want or need. Comparing and contrasting 'wants' and 'needs'.	To know some basic needs for survival, such as food, water and shelter. To know that saving money is when we keep some money and don't spend it straight away.	Cost, growth, love, safe, shelter, thrive, food healthy, need, secure, survival, water, buy, gift, priority, want, essential, influence, treat

Year 3 Family and friendships				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Family and friendships	Ground rules L1 Healthy families L2 Friendship conflicts L3 Friendship: conflict vs bullying L5 Learning who to trust L6 Respecting differences in others L7 Stereotyping gender	Learning that problems can occur in families and that there is help available if needed. Exploring ways to resolve friendship problems. Developing an understanding of the impact of bullying and what to do if bullying occurs. Identifying who I can trust. Exploring the negative impact of stereotyping	To know that I can talk to trusted adults or services such as Childline if I experience family problems. To know that bullying can be physical or verbal. To know that bullying is repeated, not a one off event. To know that violence is never the right way to solve a friendship problem. To know that trust is being able to rely on someone and it is an important part of relationships. To understand that there are similarities and differences between people.	Care, family, love, support, different, help, problem, apologise, friend, listening, talking, calm, forgive, bullying, physical, report, emotional, repeated, breaking trust, let down, resolve, issues, reliable, similar, respect, communicate, gender, male, female, influencer, online, stereotype

Year 3 Health and wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Health and wellbeing	L1 My healthy diary L3 Wonderful me L5 Resilience: breaking down barriers L7: Diet and dental health	Understanding why it is important to look after my teeth. Developing the ability to plan for a healthy lifestyle with physical activity, a balanced diet and rest. Being able to breakdown a problem into smaller parts to overcome it.	To understand ways to prevent tooth decay. To know the different food groups and how much of each of them we should have to have a balanced diet. To understand the importance of belonging. To understand what a problem or barrier is and that these can be overcome.	Exercise, balance, diet, energy, intake, group, identity, alone, lonely, barriers, strategy, teeth, healthy, balanced, food group

Year 3 Safety and the changing body				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Safety and the changing body	L1 First Aid: emergencies and calling for help L4 Cyberbullying L7 Influences L8 Keeping safe out and about	Exploring ways to respond to cyberbullying or unkind behaviour online. Developing skills as a responsible digital citizen. Identifying things people might do near roads which are unsafe Exploring that people and things can influence me and that I need to make the right decision for me. Exploring choices and decisions that I can make. Learning what to do in a medical emergency, including calling the emergency services.	To understand that cyberbullying is bullying which takes place online. To know the rules for being safe near roads. To understand that other people can influence our choices. To know that it is important to maintain the safety of myself and others, before giving first aid.	Emergency, hazard, 999/112, emergency services, emergency operator, location, injuries, password, intended, cyberbullying, content, report, influencer, gaming, choice, influence, decision, distraction, rules, safety

Year 3 Citizenship

Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Citizenship	L1 Rights of the child L5 Charity L6 Local democracy	Exploring how children's rights help them and other children. Considering the responsibilities that adults and children have to maintain children's rights.	To understand the UN Convention on the Rights of the Child. To know that the local council is responsible for looking after the local area. To know that elections are held where adults can vote for local councillors. To understand the role of charities in the community.	United Nations, rights, Convention on Rights, benefit, community, care, charity, support, volunteer, fundraise, donations, democracy, council, councillor, county council, district council, unitary authority, budget, priority

Year 3 Economic wellbeing

Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Economic wellbeing	L2 Budgeting L5 Career quest	Contemplating budgeting benefits. Planning and calculating within a budget. Reflecting on future job based on goals.	To know that spending should be based on necessity, importance, and available budget. To know that budgeting is planning how to spend and save the money that you have available. To know that different jobs contribute to our society in different ways.	Benefit, calculate, overspending, ranking, spend, budget, money, plan, record, save, career, interest, job, profession, strength, constructive, future, knowledge, skill, talent

Year 4 Family and relationships				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Family and relationships	Ground rules L1 Respect and manners L2 Healthy friendship L4 Bullying L6 Stereotypes: Disability L8 Change and loss	Exploring physical and emotional boundaries in friendships. Discussing how to help someone who has experienced a bereavement.	To understand the different roles related to bullying including victim, bully and bystander. To understand that everyone has the right to decide what happens to their body. To understand the courtesy and manners which are expected in different scenarios. To understand some stereotypes related to disability. To know that bereavement describes the feeling someone might have after someone dies or another big change in their lives.	Authority, different situations, position of authority, rude, bad manners, good manners, respect, boundary, expectations, consent, permission, bullying, involved, bystander, witness, disability, stereotype, discrimination, bereavement, helpful, sympathy, death, loss, unhelpful

Year 4 Health and wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Health and wellbeing	L1 Looking after our teeth L3 Celebrating mistakes L5 My happiness L6 Emotions L7 Mental health	Developing independence in looking after my teeth. Explore ways we can make ourselves feel happy or happier. Developing the ability to appreciate the emotions of others in different situations. Learning to take responsibility for my emotions by knowing that I can control some things but not others. Developing a growth mindset.	To know key facts about dental health. To know that it is normal to experience a range of emotions. To know that mental health refers to our emotional wellbeing, rather than physical. To understand that mistakes can help us to learn. To know who can help if we are worried about our own or other people's mental health.	Tooth, teeth, sugary drink, healthy, brush, dentist, fluoride, toothpaste, mistake, learn, resilience, growth mindset, disappointed, angry, nervous, anxious, shocked, positive emotions, happy, excited, joyful, astonished, grateful, enthusiastic, negative emotions, sad, worried, emotions, feelings, physical health, mental health, negative emotions

Year 4 Safety and the changing body				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Safety and the changing body	L1 Internet safety: Age restrictions L2 Share aware L4 Privacy and security L7 Introducing puberty L8 Tobacco	Discussing how to seek help if I need to. Exploring what to do if an adult makes me feel uncomfortable. Learning about the benefits and risks of sharing information online. Discussing the benefits of being a non-smoker. Discussing some physical and emotional changes during puberty.	To understand that there are risks to sharing things online. To know the difference between private and public. To understand the risks associated with smoking tobacco. To understand the physical changes to both male and female bodies as people grow from children to adults.	Social media, age restriction, law, legal, point of view, reason, for, against, debate, digital age of consent, share aware, sharing, internet, social media, private, public, surprise, secret, uncomfortable, worried, change, exciting, worries, physical, height, breasts, genitals, penis, testicles, hips, waist, shoulders, chest hair, puberty, hygiene, non-smoker, tobacco, smoke, choice, risks

Year 4 Citizenship				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Citizenship	L1 What are human rights? L5 Diverse communities	Discussing how we can help to protect human rights. Identifying the benefits different groups bring to the local community. Discussing the positives diversity brings to a community	To know that human rights are specific rights that apply to all people. To know some of the people who protect our human rights such as police, judges and politicians. To know that there are a number of groups which make up the local community.	Human rights, United Nations, protect, MP, judges, politicians, benefit, community, group, diversity, difference, same

Year 4 Economic wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Economic wellbeing	L1 Value for money L3 Looking after money	Recognising value for money. Understanding differing opinions on spending. Exploring how to safeguard money effectively.	To know that getting value for money involves considering the cost, usefulness and quality of items. To know that purchases can be influenced by needs, wants, peer pressure, and advertising.	Cheap, good value, negotiate, poor value, reasonable, expensive, justify, perspective, price, value for money, deposit, monitor, piggy bank, security, withdraw, measure, password, safe, wallet

Year 5 Family and relationships				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Family and relationships	Ground rules L2 Friendship skills L3 Marriage L4 Respecting myself L5 Family life L6 Bullying L8 Stereotypes: Race and religion	Identifying ways families might make children feel unhappy or unsafe. Exploring the impact that bullying might have. Exploring issues which might be encountered in friendships and how these might impact the friendship. Exploring and questioning the assumptions we make about people based on how they look.	To know that marriage is a legal commitment and is a choice people can make. To know that if I have a problem, I can call ChildLine on 0800 1111. To understand what might lead to someone bullying others. To know what action a bystander can take when they see bullying. To know that stereotypes can be unfair, negative and destructive. To know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex or disability.	Friendship, strengthened, ups and downs, problem, solution, choice, legal, religion, marriage, lifelong, wedding, attributes, proud, self-respect, skill, assertive, self-care, self-talk, family, positive, support, help, problem, bullying, cyberbullying, unkind, bystander, report, victim, race, religion, racism

Year 5 Health and wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Health and wellbeing	L2 The importance of rest L5 Taking responsibility for my feelings L6 Healthy meals L7 Sun safety	Developing independence for protecting myself in the sun. Considering calories and food groups to plan healthy meals. Developing greater responsibility for ensuring good quality sleep. Taking responsibility for my own feelings.	To understand the risks of sun exposure. To know that calories are the unit that we use to measure the amount of energy certain foods give us. To know that what we do before bed can affect our sleep quality.	Quantity, sleep, rest, relax, quality, destiny, choice, feeling, emotion, assertive, calories, healthy diet, food groups, recommended daily intake, serving, portion, obesity, responsibility, risk, weather, UV rays, sunburn, skin cancer, slip, slop

Year 5 Safety and the changing body				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Safety and the changing body	L1 Online friendships L2 Staying safe online L3 Puberty L4 Menstruation L6 First Aid: Bleeding L7 Alcohol, drugs and tobacco: Making decisions	Developing an understanding of how to ensure relationships online are safe. Learning to make 'for' and 'against' arguments to help with decision making. Identifying reliable sources of help with puberty. Learning about how to help someone who is bleeding.	To know the steps to take before sending a message online (using the THINK mnemonic). To know some of the possible risks online. To know some strategies I can use to overcome pressure from others and make my own decisions. To understand the process of the menstrual cycle. To know the names of the external sexual parts of the body and the internal reproductive organs. To know that puberty happens at different ages for different people.	Online, friend, acquaintance, trust, consent, share, appropriate, risk, danger, private, puberty, change, cervix, ovary, fallopian tube, uterus, vagina, vulva, clitoris, urethra, opening, vaginal opening, labia, penis, bladder, testicle, scrotum, breasts, nipples, menstruation, period, egg, womb, bleeding, lining, sanitary products, towels, tampons, reusable products, voice breaking, arteries, heart, severe, minor, veins, positioning, shock, oxygen, red blood cells, reassuring, circulating, white blood cells, infection, bandaging, safety, head injury, concussion, calm, report, emergency, influence, choice for, against, decision, pressure, peer pressure, peer acceptance

Year 5 Citizenship				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Citizenship	L1: Breaking the law L6 Parliament	Developing an understanding of how parliament and Government work.	To know what happens when someone breaks the law. To know that parliament is made up of the House of Commons, the House of Lords and the Monarch. To know that parliament is where MPs debate issues, propose laws, amend existing laws and challenge the government's work.	Rule, consequence, law, magistrates, law, magistrates' court, Crown Court, police, trial, fair, judge, jury, prosecution lawyer, defence lawyer, defendant, Parliament, monarch, Government, House of Commons, House of Lords, Prime Minister, Opposition, Speaker

Year 5 Economic wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Economic wellbeing	L4 Risks handling money online	Discussing money risks and management. Implementing money safeguarding strategies.	To know that they should be cautious about sharing financial information.	Caution, fraud, misplace, savings, consequences, loss, risk, theft

Year 6 Family and relationships				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Family and relationships	Ground rules L1 Respect L2 Respectful relationships L4 Challenging stereotypes L5 Resolving conflict L6 Change and loss	Identifying ways to resolve conflict through negotiation and compromise. Discussing how and why respect is an important part of relationships. Identifying ways to challenge stereotypes. Exploring the process of grief and understanding that it is different for different people.	To know that a conflict is a disagreement or argument and can occur in friendships. To understand the concepts of negotiation and compromise. To understand what respect is. To understand that everyone deserves respect but respect can be lost. To understand that stereotypes can lead to bullying and discrimination. To understand that loss and change can cause a range of emotions. To know that grief is the process people go through when someone close to them dies.	Respect, lose, earn, courtesy, consent, disrespect, peers, respect, demonstrate, online, personal boundaries, message, stereotype, apology, conflict, resolve, argument, disagreement, solve, change, emotions, grief, loss, death, feelings, grieving

Year 6 Health and wellbeing				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Health and wellbeing	L3 Taking responsibility for my health L4 The impact of technology on health L5 Resilience toolkit L6: Immunisation L8 Physical Health concerns	Discussing ways to prevent illness. Identifying some actions to take if I am worried about my health or my friends' health. Setting achievable goals for a healthy lifestyle. Developing strategies for being resilient in challenging situations.	To understand that vaccinations can give us protection against disease. To know that changes in the body could be possible signs of illness. To understand that a number of factors contribute to my physical health (diet, exercise, rest/relaxation, dental health). To understand that a number of factors contribute to my mental health (Diet, exercise, rest/relaxation). To know the effects technology can have on mental health.	Responsible, health, physical, mental, restrictions, pressure, persuasive design, assertive, overcome, resilient, resilience, try, growth mindset, immunisation, vaccine, illness, disease, World Health Organisation, NHS, puberty, healthy, well, unwell, change, doctor

Year 6 Safety and the changing body				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Safety and the changing body	L1 Alcohol L3 Social media L4 Physical and emotional changes of puberty L8 First Aid: Basic life support	Exploring online relationships including dealing with problems. Discussing the reasons why adults may or may not drink alcohol. Discussing problems which might be encountered during puberty and using knowledge to help. Placing an unresponsive patient into the recovery position.	o understand that online relationships should be treated in the same way as face to face relationships. To know where to get help with online problems. To understand the risks associated with drinking alcohol. To understand how a baby is conceived and develops. To know how to conduct a primary survey (using DRSABC).	Excessive, alcohol, choice, risk, short term , long term , responsible, internet, bullying, cyberbullying, negative, anonymous, identity, respect, puberty, change, cervix, ovary, fallopian tube, uterus, vagina, vulva, vaginal opening, labia, penis, bladder, testicle, scrotum, sperm duct, breasts, nipples, unresponsive, alert, primary survey, respiratory rate, pulse, DRsABC, C.P.R, recovery position, monitor, resuscitate, conduct, airway, breathing, circulation, compressions, rescue breaths

Year 6 Citizenship				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Citizenship	L1 Human rights L4 Prejudice and discrimination L6 National democracy	Discussing how education and other human rights protect us. Discussing how people can influence what happens in parliament. Discussing ways to challenge prejudice and discrimination. Identifying appropriate ways to share views and ideas with others.	To know that education is an important human right. To know that the prime minister appoints 'ministers' who have responsibility for different areas, such as healthcare and education. To know that prejudice is making assumptions about someone based on certain information. To know that discrimination is treating someone differently because of certain factors.	Education, human rights, prejudice, discrimination, segregation, tackling, overcoming, gay, homophobic, Government, Cabinet, Prime minister, minister, MP, elected, tax

Year 6 Economic wellbeing/Identity				
Topic	Kapow Lessons	Skills	Knowledge	Vocabulary
Economic wellbeing/Identity	L6 Career routes Identity L2 Identity and body image	Evaluating the suitability of different career paths. Aligning career options with personal interests and strengths. Exploring how the media might influence our identity.	To know that a career route is the path you take to have a particular career and the qualifications and experience you have to gain along the way. To know that identity is the way we see ourselves and also how other people see us.	Earnings, educational, requirements, expenses, gambling, responsibilities, risks, safeguard, university, valuables, workplace, manipulation, media, images, change

RSHE (PSED Reception) Overview