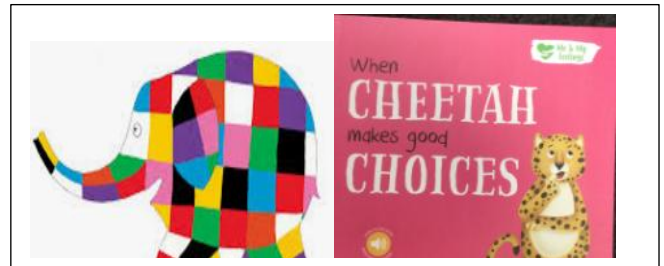


Families and Friendships

Welcome to the first edition of the RSHE News for 2025! The children have been extremely busy this term learning about **families** and **respectful relationships**. By learning the importance of **respecting** others who may be 'different' from themselves, the children are beginning to have some understanding of the **protected characteristics** at an age-appropriate level. The **School Council** have also created a new **Pupil Charter** which encompasses the school values. The children have had many additional personal development opportunities: Mini-Police, World Kindness Day and Parliament Week, to name but a few.

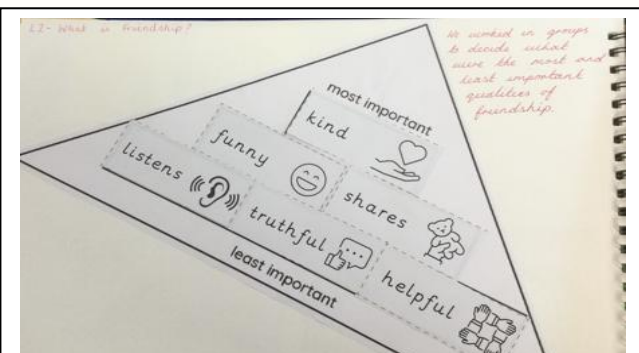
Reception

Reception have been using stories to learn how they are all unique and valuable individuals. They have also been learning the school values and the importance of making the right choices. The children have been introduced to the **Zones of Regulation** to help them gain some understanding of their emotions and how to regulate them.



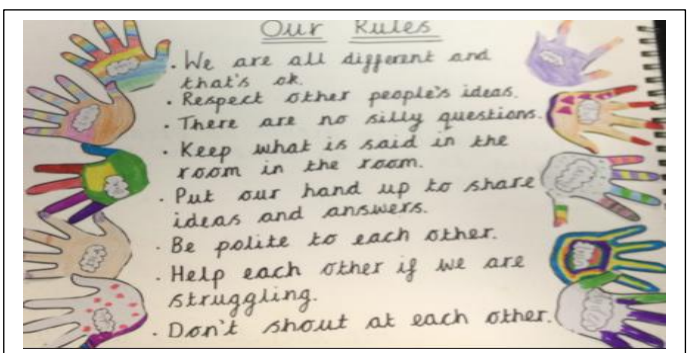
Year 1

Year 1 have been learning about friendship and thinking – 'what is a friend?' They are beginning to understand the importance of a friend and the **characteristics of positive friendships**. The lesson gave the children an opportunity to think about who their friends are and what they like to do with them.



Year 2

During RSHE lessons, it is important to create a **safe environment**. The Year 2 children have created their own 'Ground Rules' which will help them to create a successful learning environment during their lessons. You can definitely notice our school values running through them!



RSHE NEWS

Families and Friendships

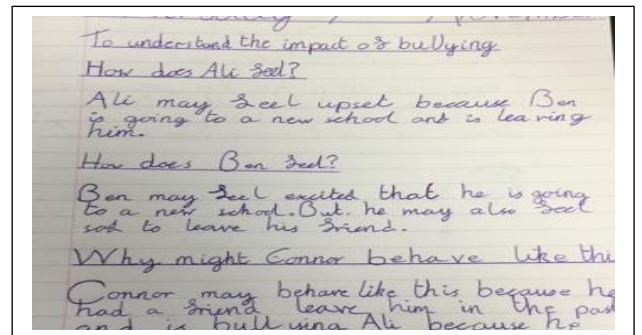
Year 3

Year 3 have worked with the Piece of Mind Team, this term. They completed the course **We Eat Elephants**. The course- 'Making Changes to How You Feel' - helps the children know how to deal with current issues that they face in both school and home environments.



Year 4

Year 4 have been thinking about bullying. During their lesson, they learned about the **impact of bullying** and the responsibility of bystanders. The children have also been thinking about the protected characteristics and not to discriminate against others.



Year 5

Year 5 have been learning the importance of **self-respect** and how this affects happiness and decision-making. They were encouraged to think of positive attributes about themselves. The children were reminded the importance of being **kind** to themselves as well as others.



Year 6

The Year 6 children have been learning about **respect** and thinking about how they would like people to show respect for themselves. The children learned that respect is two-way; how we treat others is how we can expect to be treated. This links well with our new **Finchale Pupil Charter**.

